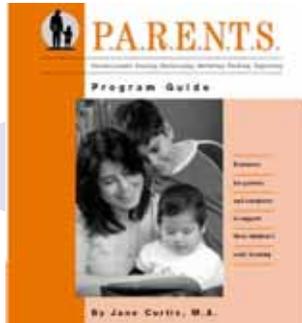**Welcome to the**
P.A.R.E.N.T.S. Program Guide

What is the P.A.R.E.N.T.S. Program?

- 15 family literacy and parenting lessons based on reading children's picture books
- Lessons can be used as stand-alones or in combinations of two or more.
- Handouts can be used as resources without providing lessons.
- Books, handouts and videos can be used for training tutors or inservice workshops.

Benefits to Students

- Gain experience reading aloud
- Learn parenting information
- Build home library of children's books
- Practice writing
- Gain speaking skills by participating in a group
- Build support system for parenting and literacy improvement from group participation

Benefits to Literacy Programs

- Serve greater number of students in groups
- Serve students in 15-hour project who cannot commit to ongoing tutoring
- Serve students with children older than 5
- May function as outreach to recruit students and/or partner with other agencies
- Provide data for reports and grant writing, especially evaluation and outcomes
- Increase program visibility in the local community

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Table of Contents

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Definition of Terms

- *Home Books or Read Aloud Together Books* ~ paperback or board editions, one copy for each learner to read in class and take home to keep or use in class
- *Show Books* ~ reinforce lesson theme, shown, summarized, or read by instructor
- *Teacher Read Aloud Books* ~ may be hardcover, read by instructor to group
- *Gift Books* ~ selected by learners at program completion, one for each child in their lives

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Definition of Terms
continued

- *What Are My Values?* ~ exercises in Lessons 2, 7, and 13 where learners reflect, discuss and write about themselves
- *Handouts* ~ used to reinforce lesson themes and as homework or reference materials for learners
- *Surveys & Questionnaires* ~ learners complete them in Lessons 1, 5 and 15, and months later for follow-up

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Section Dividers in Guide

Lessons 1-15

Program Materials

Handout Masters
- List of Handout Masters
- Lessons 1-15
- Follow Up

Comprehensive List of Books

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15 Lessons

1. Introduction & Orientation
2. Setting Goals for Our Children
3. What Do Children Need?
4. How Children Learn
5. Learning Language
6. Parent as Teacher
7. Parent as Role Model
8. Communication
9. Discipline Models
10. Siblings
11. Parent as Advocate
12. Peer Groups
13. Family History
14. Reading Aloud
15. Graduation

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Layout of Lessons

Instructor's Notes

Instructor's Notes
Lesson 12. Peer Groups

Teaching Guide

Sample Handouts

KidsHealth

Dealing With Peer Pressure

Use Your Imagination!

Program Materials

- Parenting Resource Books

- What You Need –
  Books, Videos & Handouts

- Building Your P.A.R.E.N.T.S.
  Library Collection

What You Need – Books, Videos & Handouts
Pages 164-167

Lesson	Home Books or Read Aloud Together Books	Show Books & Pamphlets

| Teacher Read Aloud Books	Videos & Resource Books	Handouts

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Collecting Outcome Data

- **Measuring Changes in Attitude**
  Completed at first and last lesson (pre & post), regardless of your program length
- **Measuring Changes in Behavior**
  Complete pre at first lesson and post sent as follow-up 4-6 months after program ends
- **Home Reading Report**
  Completed after Lessons 2-14 and reviewed at following lesson
- **Writing Activities from Lessons**
  Lessons 3, 5, 6, 7, 10, 13 & 15

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Measuring Changes in Attitudes About Parenting

Pre ___ Post ___
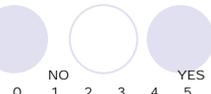
	NO				YES
	0	1	2	3	4	5

Do you think you are a good role model for the
children in your life?
Did you have a positive parenting role model in your life?
Is it important for your child to see you reading and writing?
Is it important for you to read aloud to the children in your life?
Do you play a part in your child's education?
Do you know of or have ways to help your child
get ready to read or improve his or her reading?
Do you think that playing games, telling stories or
singing songs with your child will help him or her learn to read?
Do you know of or have ways to discipline your child?
Do you think it is useful to punish by hitting or spanking your child?
Do you have an idea of what behavior is appropriate for
your child's age?
Do you have a good understanding of your child's physical needs?
Do you have a good understanding of your child emotional needs?

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Family Literacy Survey ~ California Library Literacy Services

1. When you are with your child or children, do you read books to them or share books with them?
YES ___   NO ___

2. If yes, about how often do you read or share books with your child(ren)?
Everyday ___   6x a week ___   5x ___   4x ___   3x ___   2x ___ 1x ___   Less than 1x a week ___

3. Do you and your child play with words? Like making up rhymes, telling stories, or singing songs together?
YES ___   NO ___

4. If yes, about how often do you and your child(ren) play with words together?
Everyday ___   6x a week ___   5x ___   4x ___   3x ___   2x ___ 1x ___   Less than 1x a week ___

5. Do you take your child(ren) to the library?
YES ___   NO ___
If yes, how often do you take your child(ren) to the library?
Weekly ___   Every 2 or 3 weeks ___   Monthly ___   Less than 1x a month ___

6. Do your children live with you?
YES ___   NO ___
If no, how often do spend time with your children?
Weekly ___   Every 2 or 3 weeks ___   Monthly ___   Less than 1x a month ___

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P.A.R.E.N.T.S. Program

Home Reading Activities Report

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How to Use the
Comprehensive List of Books